

Education

08/2021 - 04/2028	MD-PhD. Faculty of Medicine and Faculty of Graduate and Postdoctoral Studies University of British Columbia, Vancouver
09/2015 - 04/2020	BSc. Honours Cellular, Anatomical, and Physiological Sciences, with Distinction and Co-operative Education designation. University of British Columbia, Vancouver

Leadership Experiences

08/2023 - Present	Committee Member, Medicine Day of Action (MEDoA) Task Force	Canadian Federation of Medical Students
- Engages in political action to improve the health care system for trainees, marginalised populations, and all Canadians		
05/2023 - Present	Faculty of Medicine Representative	UBC Senate
- Advocates for students in increasing supports for graduate programs, research initiatives, and diversity on campus		
05/2023 - Present	Student Representative	UBC Research and Scholarship Committee
- Contributes to policy development and strategic oversight, enhancing our research and scholarship initiatives		
09/2021 - Present	President, UBC Med Hiking Club	UBC Faculty of Medicine
- Organises accessible hikes with the executive team to increase student fitness, community, and personal wellbeing		
09/2021 - 06/2023	VP Social, MUS Student Council	UBC Faculty of Medicine
- Works with students and the MUS Council to plan social events which promote student wellness and community		
11/2020 - 09/2022	President, Volunteer Advisory Committee	Vancouver Coastal Health
- Represents the volunteer voice to improve delivery of services and to advocate for additional patient services/programs		
11/2020 - 04/2021	Emergency Department Volunteer	Vancouver General Hospital
- Assisted the triage nurse in directing patient flow. Provides support, blankets, and information to patients		
11/2018 - 04/2021	Women's Night Activity Leader	Downtown Community Health Clinic
- Led with facilitation team in health promotion and community development activities in the DTES		
09/2018 - 04/2020	Special Requests Volunteer (TLC)	Vancouver General Hospital
- Visited patients one-on-one to hear their concerns, answer questions, and improve care delivery		
09/2017 - 04/2021	Harm Reduction Volunteer	Vancouver Coastal Health
- Distributed harm reduction supplies, collects used needles, and provides referrals to detox facilities		
05/2017 - 08/2021	President and Founder	UBC Health and Engagement (Heart) Club
- Led and designed creative programs and fundraisers (\$1000 donated to date) with club members to support BC Children's Hospital patients and families through the Ronald McDonald House BC		
04/2014 - 08/2020	Vice-President External	UBC Life Sciences Circle
- Organised science enrichment events, fundraisers, and ambassador program for high school students		
05/2016 - 08/2020	Councilor, Programs Planner & Assistant	Canadian Cancer Society: Camp Goodtimes
- Led arts and crafts activities, and assists campers to support families who have been impacted by cancer		

Awards and Scholarships

2024-27	Vanier Canada Graduate Scholarship	\$50,000/year
05/2024	CIHR Canada Graduate Scholarships Doctoral Award (Top 6% nationally)	Declined
05/2022	CIHR CGS-M Frederick Banting and Charles Best Canada Graduate Scholarship	\$17,500
01/2022	UBC Four Year Doctoral Fellowship	\$27,000/year
09/2021	UBC Graduate Support Initiative Award	\$3,000
05/2019	BC Cancer Research Studentship	\$6,000
2015/16	UBC Major Entrance Award	\$5,075
06/2015	Graduation awards: Lord Byng Alice C. Rowe, BC Examinations Scholarship	\$3,000